

Completed by: Anne Marie Snell
E-mail: anne@gethealthyslc.org

Priority	Focus Area	Goal	Objectives	Disparities	Interventions/ Strategies/Activities	Family of Measures	2018 Progress to Date	Implementation Partner (Please select one partner from the dropdown list per row)	Partner Role(s)	Strengths	Challenges? How will they be addressed?
Prevent Chronic Diseases	Reduce Obesity in Children and Adults	Create community environments that promote and support healthy food and beverage choices and physical activity.	By December 31, 2018, increase by 15% the number of adults with access to schools for physical activity with joint use agreements that are inclusive to and publicized throughout their community.		Increase the number of adults with access to schools for physical activity with joint use agreements that are inclusive to and publicized throughout the community	Data on number of adults with access to schools for physical activity Number of agreements posted to Bridge to Wellness Website Number of school districts and community members receiving education, and form of education provided	In 2018, the Bridge to Wellness Coalition continued work toward highlighting opportunities for physical activity at local school district facilities. Work with the eighteen school districts proved to be difficult for widely distributing joint use agreements, however press releases were distributed indicating the opportunities for physical activity, and community members were encouraged to reach out to their local school districts for detailed information. The coalition embarked on implementing a WALK WITH A DOC program within local communities to highlight opportunities for physical activity in and outside of school grounds. The Walk with a Doc program provides an opportunity for community members to speak with local providers outside of the clinic environment. One walk was held at Massena Central School District, and future walks will be held within additional local school districts. https://walkwithadoc.org/our-locations/stlawco/	Local health department	1. Distribute education within community. 2. Facilitate Walk with a Doc Sub-committee 3. Engage providers and community members 4. Lead all Walk with a Doc efforts	The Subcommittee is composed of very knowledgeable and motivated partners. Additional funding was found to support efforts within the schools.	The primary challenges were as follows: 1. Some District Superintendents are new to their role and could not identify what systems/policies are in place within their district. 2. Some District Superintendents requested the coalition does not post anything on our website until they are aware if their policies meet standards. These challenges are being addressed in several manners: 1. The new Superintendents were offered the consulting services, and accepted. 2. Because some Districts requested we not link, we chose to hold off on posting any links until all agree. This will show our support for their needs
			By December 31, 2018, increase by 50% the number of schools with comprehensive and strong Local School Wellness Policies and active wellness committees.		Increase the number of schools with comprehensive and strong Local School Wellness Policies and active wellness committees	Summary listed on Bridge to Wellness website. Date of most recent Wellness Policy by district – number of updated within the year. Education provided, number of schools receiving Number of Bridge to Wellness Meetings attended by school personnel	The 2016 baseline for school districts with active wellness committees and board approved school wellness policies included five districts: Clifton Fine Central School District, Gouverneur Central School District, Massena Central School District, Norwood Norfolk Central School District, and Ogdensburg City School District. By December of 2018, two additional school districts had updated, Board approved School Wellness Policies: Edwards Knox Central School District and Lisbon Central School District. Two additional Schools Districts have active wellness committees working toward Board approved School Wellness Policies: Heuvelton Central School District, and Parishville Hopkinton Central School District (40% of baseline with passed policies, 80% of baseline actively participating)	Community-based organizations	1. Sit on Subcommittee 2. Carry out duties as described in Progress Narrative. 3. Provide Support to Schools in the form of presence on any established wellness committee. 4. Provide consulting to schools to develop LWPs, including workshops and attendance at Wellness Committee Meetings 5. Report back to Bridge to Wellness Coalition on efforts.	Partners have experienced employees available to provide education, technical assistance, support and implementation materials. School Districts who participate are able to thoroughly review and update policy according to what their school district needs in particular to support the health and wellness of their school population and families.	School Districts lack time and money to support comprehensive policy. They are very much in need of outside support and technical assistance to stay motivated.
			By December 31, 2018, increase by 10% the number of residents that reside in a jurisdiction with complete streets policies, plans and practices.		Increase the number of residents that reside in a jurisdiction with complete streets policies, plans and practices	Number of residents within a jurisdiction with complete streets policies Number and form of education and support provided (and recipients)	From baseline, St. Lawrence County has seen an increase of 59% in the number of residents that reside in a jurisdiction with complete streets policies, plans and practices: Colton (2013) Total Population 2016 - 1,633 Ogdensburg (2014)..... Total Population 2016 - 10,937 Potsdam (2014)..... Total Population 2016 - 16,246 Total Population - 28,816 (10% = 2,881.6) November 2018 (added): Massena (2017)..... Total Population 2016 - 12,621 Norfolk? (2018)..... Total Population 2016 - 4,609 Total Population - 17,230 (a 59% increase) Source: U.S. Census Bureau, 2012-2016 American Community Survey 5-Year Estimates	Community-based organizations	1. Facilitate engagement of local government units. 2. Offer consulting services to increase the adoption of comprehensive policies 3. Provide implementation support in the forms of materials to address traffic calming strategies within communities who are working toward, or have adopted policies.	Local municipalities are very supportive of these efforts. There are fundings sources to support technical assistance, and local experts to provide implementation support.	Complete Streets policies are a "silent success". The efforts will only be noticeable when the policy comes into play when roadways or sidewalks are up for repavement (according to policy).

