

## Our Vision

Our vision is to be the preferred provider offering the most up-to-date, client-centered, solution-focused chemical dependency services in St. Lawrence County.

Our clinical treatment team and staff pride themselves in offering integrated, holistic, cognitive-behavioral therapy that is both comprehensive and individualized.

Addiction is a chronic disease: this means that you or your loved one will be practicing behaviors, taking medication, or undergoing treatments intended to lead to a new life of addiction-free living.

There is no quick fix; instead, there are options that can help you take control over the long term.

## Alcoholics/Narcotics Anonymous



To arrange to speak with an A.A. member or get more information on local A.A. meetings, call  
**(315) 268-0120** for St. Lawrence County  
**(518) 481-4606** for Massena and Franklin County

**REACHOUT 24-Hour Crisis Hotline**  
**(315) 265-2422**

Updated 12/2023



**H.O.P.E**  
**Honest, Optimistic,**  
**Passionate, Empathetic**

**SUBSTANCE USE**  
**DISORDER SERVICES**

**ST LAWRENCE**  
**HEALTH**

An Affiliate of  
Rochester Regional Health

## Inpatient Detoxification Services

77 West Barney Street  
Gouverneur, NY 13642

**P (315) 261-5969**

**F (315) 535-9444**

1 Hospital Drive  
Massena, NY 13662

**P (315) 842-3076**

**F (315) 769-4756**

Located at Gouverneur Hospital and Massena Hospital, our medically-managed detoxification services are designed to assist in the safe withdrawal from alcohol and other substances.

The average length of stay is determined by the individual needs of each patient. Patients and their families will receive counseling and education to help them understand their illness and make plans for discharge and continued rehabilitation.

### Admission Information

Please contact the hospital to complete a phone screening and determine availability.

## Inpatient Rehabilitation Substance Use Disorder Services

20 Cottage Street  
Potsdam, NY 13676

**P (315) 261-5954**

**F (315) 261-6422**

A 17-bed inpatient unit with a 28-day program that provides a medically monitored 24-hour structured care setting.

### As part of treatment, we offer:

- Behavioral health counseling
- Canine-assisted therapy
- Expressive therapy
- Family counseling
- LGBTQ+ affirming care
- MAT
- Medical treatment
- Peer recovery
- Psychoeducational groups
- Recreational therapy
- Substance use counseling (individual, group)

### Admission Information

You can be referred to our program by legal agencies, health care agencies, outpatient services (such as a physician's office), and mental health agencies. We also accept self-referrals. Most major insurances are accepted, including Medicaid.

## Outpatient Substance Use Disorder Services

12 Elm Street *street-level entrance*  
Potsdam, NY 13676

**P (315) 353-2572**

**F (315) 353-2479**

77 West Barney Street  
Gouverneur, NY 13642

**P (315) 261-6333**

**F (315) 261-6350**

### Services offered at both clinics:

- Brief interventions
- Canine-assisted therapy
- Continuing care
- Counseling (individual, group, family)
- Impaired driver assessment treatment
- LGBTQ+ affirming care
- Substance use evaluations
- Medication assisted treatment
- Peer recovery
- Referrals

### Potsdam Outpatient Hours:

Monday, Tuesday, Thursday, 8 am-5 pm  
Wednesday & Friday, 8 am-4 pm

### Gouverneur Outpatient Hours:

Monday & Thursday, 8:30 am-5 pm  
Tuesday, Wednesday, 8:30 am-7 pm  
Friday, 8 am-4 pm  
Saturday, 11 am-3 pm