

## Contact Us

The St. Lawrence Health Maternal Wraparound Program is available in the following locations:

- **Canton Obstetrics and Gynecology**  
80 East Main Street, Canton  
(315) 714-3175
- **Potsdam Obstetrics and Gynecology**  
49 Lawrence Avenue, Potsdam  
(315) 265-2153
- **Gouverneur OB/GYN**  
77 West Barney Street, Gouverneur  
(315) 287-7700
- **Women's Health Clinic**  
15 Hospital Drive, Massena  
(315) 769-4638

**To refer** to the M-WRAP Program, contact M-WRAP Program Supervisor Elizabeth Stiles at **(315) 955-3293**.

Fax referral form and Release of Information to (315) 261-6350.

## Outpatient Substance Use Disorder Services

### Potsdam Location

12 Elm Street, Potsdam  
(315) 353-2572

### Gouverneur Location

77 West Barney Street, Gouverneur  
(315) 261-6333

Updated: 11/2022



# MATERNAL WRAPAROUND PROGRAM

**ST LAWRENCE  
HEALTH**

An Affiliate of  
Rochester Regional Health

The Maternal Wraparound Program (M-WRAP) provides comprehensive care coordination, and recovery support services to pregnant and postpartum parents with a substance use disorder. M-WRAP is available to parents up to 12 months after the birth event to assist in alleviating barriers to health care services.

The goal of the M-WRAP Program is to promote maternal health, improve birth outcomes, and reduce the risks and adverse consequences of prenatal substance exposure.

**Self referrals, provider referrals, and community-based referrals are accepted.**

There is no “one-size fits all” approach to providing care for expectant mothers dealing with a substance use disorder. The M-WRAP Program provides a safe plan of care tailored for you and your baby. The results are a happy and healthy parent and child.



## Services

Staff can assist participants in obtaining resources, including:

- Breastfeeding Education
- Child Care
- Clothing
- Continuing Education
- Counseling Services
- Employment
- Family Member Support
- Food
- Medication-Assisted Recovery
- Parenting Classes
- Peer Recovery Support
- Personal Safety
- Prenatal and Primary Care
- Shelter
- Transportation

Treatment for a Substance Use Disorder is an important step for you and your baby. The majority, 55-95%, of babies whose parents have a substance use disorder will have some type of health concern. Without maternal treatment, however, most babies will have withdrawal.

## Activities

Participation in the M-WRAP Program is voluntary. Once enrolled, parents will work with our staff to identify and utilize recovery support services based on the parent's preference and her family's assessed needs. Services include:

- Completing a comprehensive care management assessment to identify personal and family strengths and needs
- Developing a Prenatal Coordinated Care Plan
- Developing a Plan of Safe Care
- Receiving twice-monthly home visits to develop a Family Engagement Plan, create family goals, and monitor progress towards achievement
- Preparation and education relating to the newborn, including: locating a pediatrician familiar with prenatal exposure, education on Neonatal Abstinence Syndrome and what to expect, potential for child welfare involvement, and locating parenting classes
- Peer Recovery Specialist support and guidance