How We Can Help

Our program is primarily focused on helping with substance use disorders with an added layer, gender-affirming healthcare. Our staff is trained and experienced in the explicit inclusion of LGBTQ+ patients, and we have zero tolerance for harassment and discrimination.

Here, you can expect:

- Confidentiality - no information will be shared without your permission
- Your correct pronoun learned and used
- Support, not judgment - we are focused on personalized care
- No wall of bias or incomprehension will obstruct your recovery
- Family services (couples and family counseling) that include your chosen family or anyone in your life who supports your recovery

Our expert, inclusive staff will work with you to decide what treatment options and services best fit your recovery needs and life goals.

What to Expect

In order to develop your personalized treatment plan, we need to get to know you first. Your initial visit will be a thorough evaluation with our therapists. As we work with you to develop your plan, we will ask you questions like:

- Who are you? Tell us your story.
- What pain/trauma have you been through?
- What is important to you?
- How can we make this experience valuable?
- What does success look like to you?
- What are your goals? What do you want to accomplish?

The length of treatment is individual to each patient. Your therapist and support team will help you set expectations and goals, and define your success as we prepare you to overcome your substance use.

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SLH LGBTQ+ Liaison
Leslie Wilson, 315-261-5954, x2312

Contact Information for St. Lawrence Health Substance Use Disorder Services

Outpatient Services: 315-353-2572
Inpatient Services: 315-261-5954, x 5955
Website: StLawrenceHealthSystem.org/Services/Substance-Use

Updated 4/2024
LGBTQ+ Substance Use Disorder Services

The expert staff who will be by your side throughout your recovery have received specialty training to ensure they are welcoming and inclusive every step of the way.

You can choose to have LGBTQ+ affirmative care to support your recovery in individual sessions, group sessions, and peer recovery services. Our groups offer a curriculum that is specific to your unique healthcare and recovery needs, so you can explore sexual orientation, gender identity, and gender expression in a safe place.

We protect confidentiality at all stages of your recovery; whether you are an adolescent or adult. Our customized plans protect your information, and we only share information at your request.

We also offer:

- Program and room assignments that honor your gender identity
- Certified Safe Spaces
- Inclusivity through signage, art, and our displays
- Programming and a living environment that celebrates LGBTQ+ patients
- Zero-tolerance policies for harassment and discrimination

Group and Family Services

Family does not always mean blood relations, and your chosen family is welcome to share in your care.

We offer peer services that are affirming and welcoming, and our services include your “chosen family.” Anyone in your life who is supportive of your recovery is welcome at couple’s counseling, family counseling, and so much more.

Gender-Affirming Healthcare

Gender-affirming healthcare is our commitment to you. We will respect, protect, and celebrate your access to healthcare, while working to decrease inequity, bias, and discrimination.

From your very first visit, we will obtain information about your sexual orientation, gender identity, pronouns, and gender expression so we can better tailor our services to meet your individual needs. And, with the backing of a large health system, we can connect you to providers with Hormone Replacement Therapy, Gender Affirming Surgery, and providers who are skilled in helping LGBTQ+ patients.