

Services Offered

Crisis Counseling

Evaluations

Family Therapy

Group Therapy

Individual Therapy

Medication Management

Emergency Services

Outpatient services are non-emergency services. However, if you are in crisis during regular business hours, our Outpatient Behavioral Health clinics have the ability to assist you.

Getting Emergency Services

Contact Reach Out at (315) 265-2422, dial 911, or go to your local Emergency Department.



BEHAVIORAL HEALTH SERVICES

**ST LAWRENCE
HEALTH**

An Affiliate of
Rochester Regional Health

We're Here to Help

St. Lawrence Health's Behavioral Health team prides themselves in offering compassionate, integrated, holistic, evidence-based treatment that is comprehensive and individualized.

We provide interventions that allow individuals to reduce their symptoms, regain their confidence, and achieve greater levels of functioning in their lives.

Our goal is to provide effective interventions that will assist individuals in resolving emotional and psychological problems, maintain stability over time, and facilitate independent functioning at home, work, school, and in their community.



**Every day is a
second chance.**

Professional and Confidential

We realize asking for help is not an easy thing to do.

All information regarding treatment and progress will be kept in confidence. Our staff work under very strict state and federal laws of confidentiality.

Information of any kind will not be given to any person without your (the patient's) written permission.

Our multidisciplinary treatment team consists of:

- Psychiatrists
- Psychiatric nurse practitioners
- Psychologists
- Registered nurses
- Licensed practical nurses
- Licensed clinical and masters-level social workers

We are committed to providing quality, professional services within St. Lawrence County.

You can be certain that any of our St. Lawrence Health staff working with you are qualified and competent to provide the utmost compassionate care.

Our program is committed to providing LGBTQ+ affirming care.

Outpatient Services

Referrals for outpatient behavioral health services can come from several sources, including self-referral, primary care, or other medical professionals.

20 Cottage Street
Potsdam, NY 13676
Monday - Friday, 8 am-6 pm
(315) 261-5405

12 Elm Street (*lower level*)
Potsdam, NY, 13676
Monday, Tuesday, Thursday, 8 am - 5 pm
Wednesday & Friday, 8am-4 pm
(315) 261-5420

Gouverneur Hospital
77 West Barney Street
Gouverneur, NY 13642
Monday & Thursday, 8:30 am-5 pm
Tuesday & Wednesday, 8:30 am-7 pm
Friday, 8 am-4 pm
Saturday, 11 am-3 pm
(315) 261-5415

Massena Hospital
1 Hospital Drive
Massena, NY 13662
Monday - Thursday, 8 am-5 pm
Friday, 8 am-4 pm
(315) 261-5680