How to Safely Wear and Take Off a Simple Mask

Wear Your Mask Correctly
• Wash your hands before putting on your mask
• Put it over your nose and mouth and secure it over your chin
• Try to fit it snugly against the sides of your face
• Keep it in place when speaking with others
• Wash your hands once it is in place

Take Off Your Mask Correctly
• Wash your hands before removing your mask
• Handle only by the ear loops or ties
• The outside of the mask is considered contaminated, do not touch it
• If wet, soiled, or ripped, dispose of in a trash can
• If keeping for another wear, set the mask down with the outside face down on a paper towel
  • Carefully dispose of the paper towel when re-applying the mask
• Wash your hands