

Vision

A community where everyone has knowledge of and access to the tools for a healthier life.

Mission

We collaborate with community partners for the development and promotion of resources and opportunities that positively influence whole person health.

# **Community Health Improvement Plan 2019-2022**

## **Prevent Chronic Diseases**

### Focus Areas:

Healthy Eating and Food Security
Physical Activity
Preventative Care and Management

#### Goals

- Increase skills and knowledge to support healthy food and beverage choices.
- Improve community environments that support active transportation and recreational physical activity for people of all ages and abilities.
- Promote school, childcare and worksite environments that increase physical activity.
- Improve self management skills for individuals with chronic diseases.

# **Promote Well-Being and Prevent Mental and Substance Use Disorders**

#### **Focus Areas:**

Prevent Mental and Substance User Disorder

#### Goals

- Prevent opioid and other substance misuse and deaths
- Increase availability of/access and linkages to medication-assisted treatment (MAT).
- Promote and encourage prescriber education and familiarity with opioid prescribing guidelines and limits as imposed by NYS Statutes and Regulations.

Community Health Improvement Plan is submitted to NYSDOH as part of the Prevention Agenda. Most recent submission was December 2019 For more information visit: <a href="https://www.stlawco.org/sites/default/files/PublicHealth/12.18.19">https://www.stlawco.org/sites/default/files/PublicHealth/12.18.19</a> CHIP FINAL.pdf