

Participants may bring the following items to CPH Inpatient Rehab:

Clothing: Linens, laundry facilities and laundry detergent are provided on the unit.

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| 10 pair of underwear | 5 outerwear (jacket, hoodie, etc) |
| 5 pairs of socks | 10 bottoms, shorts minimum 4" inseam |
| 10 tops (t-shirt, sweater, etc) | 5 hats (ball-cap, winter, etc) |
| 5 undergarments (tank top, white T) | Bathrobe |

Shoes: Appropriate footwear must be worn at all times, to ensure safety.

- 5 pairs of footwear (sneakers, shower shoes, sandals, boots, slippers, etc)

Hygiene Items: Items should be large enough for your entire stay on the unit.

~Products with alcohol listed as the first ingredient are not permitted~

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| 2 large shampoo & conditioner | 1 can shaving cream and disposable razors |
| 2 bottle of body wash/bar of soap | Electric razor, and hair clippers/trimmer |
| 1 large face wash | 1 toothbrush, 1 tube of toothpaste |
| 1 large face moisturizer | 1 bottle Mouthwash, sealed bottle |
| 1 non-aerosol deodorant | 1 denture adhesive, cleaner and case |
| 1 contact lens case and solutions | 5 pieces of make-up |
| 3 hair products (non-aerosol) | 5 make-up brushes |
| 1 hairbrush/comb | 1 lip balm |
| 1 large body lotion, unscented | Feminine Hygiene products, in sealed box |

Misc. Items: We provide a notebook, a folder and a pen on admission.

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| Photo ID and Insurance Cards | Chewing gum, prepackaged and sealed |
| A bed pillow, and a throw blanket | Stamps, we do not provide them |
| Photos | Ear plugs |
| Empty water bottle | Alarm clock, with radio is allowed |
| Coloring Utensils | |
| 10 books (coloring, spiritual, reading, magazines, etc) | |

~Please bring all prescription and OTC medications. ~

Participants may not bring:

- A blow dryer, straightener or curling iron. A blow dryer is available on the unit
 - Any cash, credit cards, or wallet
 - Any cell phones, other electronic devices or chargers
 - Any nicotine products, lighters or E-cigarettes. Nicotine replacement therapy will be offered.
 - Any sexually explicit, violent, profane, drug or alcohol related clothing or material
 - Any outside food, candy, or drinks
 - Any jewelry with receptacle attached, such as a locket, memorial jewelry, etc.
 - Any aerosol products, cologne, perfume, essential oils or Axe products
- *Any of the items brought in listed above with either be put in storage or locked in unit safe until discharge.

Please Note: Participants are NOT permitted to have drop offs (either by mail or brought to the unit), unless coming directly from another inpatient facility or incarceration and it must be approved by the treatment team.