

## The C.A.R.E.I.N.G. Model

A Model for the Professional Practice of Nursing at SLH



The Nursing Professional Practice Model (NPPM) is a driving force of nursing practice and patient care at St. Lawrence Health.

It is a visual model that represents the overarching concepts of nursing practice which provides a strong foundation for operational excellence.

Our C.A.R.E.I.N.G. model aligns and integrates nursing practice with St. Lawrence Health's nursing mission, vision, and values.

Nursing is more than a profession of integrity and compassion

**Collaboration** is the interaction that SLH nurses have with other professionals to ensure we provide an exceptional patient care experience.

**Autonomy** is the authority and freedom of SLH nurses to engage in decision making with full scope of our practice.

**Respect** is the empathic communication that SLH nurses have with patients, families, and other health professionals.

**Education** is empowering patients through information and patient engagement initiatives. Patients and families come first for a compassionate, healing environment with respect for dimensions of diversity and informed decision making.

**Innovation** is the novel set of behaviors and practices that SLH nurses direct at improving health outcomes, administrative efficiency, cost effectiveness, and/or patient experience. These are implemented through our planned and coordinated actions

**Nursing Excellence** is when SLH nurses hold each other accountable for our behaviors and performance. We recognize that the actions of one speak for the entire team. We all strive to provide an exceptional patient care experience.

**Growth** is the act of SLH nurses developing professionally. This can be accomplished through formal education, continuing education, membership in a professional organization, membership on an SLH council of committee, attending conferences, reading current nursing literature, staying current on national nursing trends, participating in evidence based practice opportunities and participating in nursing research opportunities.

**Nursing is a privilege that measures our values as human beings**